

## **Beyond Uncertainty**

More so than ever before in the last fifty years, uncertainty is a part of everyday life. We are living today in a time when a lack of economic security, stressed relationships, and world upheaval puts pressure on each of us. To flourish in the face of this pressure, it is necessary to step back, take charge and consider what goal we want to move towards. An important question to ask is: What do I want to come of this? Since doubt comes when we hold conflicting desires, being clear of our purpose is the first step in becoming free from our doubts and fears. Knowing our purpose and holding it steadfastly allows the things we need to come towards us.

By understanding our purpose and ourselves, we can be confident in the face of the world's uncertainty. If our purpose is aligned with hope and the highest possible good, it cannot fail. So, ask yourself where your greatest about of uncertainty lies. Ask why it exists in your life at this time and what you can learn about yourself from it. Ask what is the highest good that can come from it. Let the answers come to you and you may be surprised at you inner strength and reserves.

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